

## **BODY BREAK FITNESS CENTER RULES & DECORUM .**

- 1) PROPER WORKOUT ATTIRE MUST BE WORN**
- 2) NO STREET SHOES OR BOOTS ON WORKOUT AREAS  
PROPER ATHLETIC FOOTWEAR ONLY**
- 3) IPOD'S & EARBUDS ACCEPTABLE , NO BOOMBOXES**
- 4) COMPLIMENTARY TOWELS INTO HAMPERS AFTER  
WORKOUT**
- 5) WIPE DOWN THE APPARATUS FOR THE NEXT PERSON  
WHEN YOU ARE FINISHED WITH IT . YOU WOULD  
APPRECIATE CLEAN , DRY EQUIPMENT**
- 6) DROPPING WEIGHTS ON FLOOR IS A ONE TIME  
OCCURANCE**
- 7) RESPECT FOR ALL COMMON AREAS IS MANDATORY ,  
RETURN YOUR PLATES & DUMBELLS TO THE PROPER  
RACKS AND HELP KEEP THE WORKOUT AREA SAFE**
- 8) EMPTY WATER BOTTLES GO IN THE RECYCLING BINS**
- 9) AGGRESSIVE BEHAVIOR AND/OR FOUL LANGUAGE WILL  
NOT BE TOLERATED UNDER ANY CIRCUMSTANCE**

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